

CADETTEN HEREN**100**

| | | |
|------------------|-------|------|
| Van Nijlen Jonas | 11"05 | 2002 |
| Mees Jef | 11"37 | 2011 |
| Coninx Michael | 11"39 | 1991 |
| Justens Ruud | 11"58 | 2001 |
| Rombaut Stijn | 11"73 | 2015 |
| Torfs Kwinten | 11"75 | 2016 |
| Van Dyck Jorn | 11"79 | 2013 |
| Torfs Robbe | 11"79 | 2018 |
| Even Niels | 11"80 | 2003 |
| Beyens Kristof | 11"93 | 1998 |
| Claes Frederik | 11"93 | 2020 |

200

| | | |
|-------------------|-------|------|
| Van Nijlen Jonas | 23"12 | 2002 |
| Mees Jef | 23"14 | 2011 |
| Justens Ruud | 23"34 | 2001 |
| Coninx Michael | 23"53 | 1991 |
| Christianen Lucas | 23"76 | 2019 |
| Rombaut Stijn | 24"12 | 2015 |
| Even Niels | 24"16 | 2003 |
| Van Peel Jarne | 24"18 | 2017 |
| Goossens Jeffrey | 24"21 | 1994 |
| Van Dyck Jorn | 24"22 | 2013 |

300

| | | |
|------------------|-------|------|
| Van Nijlen Jonas | 36"07 | 2002 |
| Mees Jef | 36"35 | 2011 |
| Van Dyck Jorn | 37"33 | 2013 |
| Even Niels | 37"50 | 2003 |
| Justens Ruud | 37"78 | 2000 |
| Rombaut Stijn | 37"98 | 2015 |
| Danckers Roel | 38"22 | 2004 |
| Janssen Dries | 38"65 | 2011 |
| Keepers Gunther | 38"81 | 1996 |
| Vercaeren Lucas | 39"12 | 2019 |

400

| | | |
|----------------------|-------|------|
| Mees Jef | 51"41 | 2011 |
| Even Niels | 52"42 | 2003 |
| Engelen Arthur | 53"34 | 2020 |
| Claes Frederik | 53"56 | 2020 |
| Christianen Lucas | 53"59 | 2019 |
| Coninx Michael | 53"74 | 1991 |
| Van den Bossche Bria | 54"15 | 2004 |
| Op de Beeck Frederic | 54"20 | 2010 |
| Keepers Gunther | 54"37 | 1996 |
| Jansen Joeri | 54"42 | 1994 |

600

| | | |
|--------------|---------|------|
| Bruyns Warre | 1'55"31 | 2019 |
|--------------|---------|------|

800

| | | |
|----------------------|---------|------|
| Van den Bossche Bria | 1'58"75 | 2004 |
| Van Rooy Tom | 2'00"04 | 1997 |
| Jansen Joeri | 2'00"11 | 1994 |
| Engelen Arthur | 2'00"60 | 2020 |
| Geens Jonas | 2'00"76 | 2014 |
| Keepers Gunther | 2'01"79 | 1996 |
| Torfs Pieter | 2'02"0 | 1989 |
| Tops Sven | 2'03"52 | 1988 |
| Verhaert Kurt | 2'04"9 | 1982 |
| Lens Jozef | 2'05"7 | 1974 |

1000

| | | |
|----------------------|---------|------|
| Van Rooy Tom | 2'38"72 | 1997 |
| Jansen Joeri | 2'40"2 | 1994 |
| Torfs Pieter | 2'40"60 | 1989 |
| Keepers Gunther | 2'42"49 | 1996 |
| Auwers Mario | 2'43"61 | 1988 |
| Tops Sven | 2'43"8 | 1988 |
| Laenen Sam | 2'44"1 | 1988 |
| Van den Bossche Bria | 2'44"61 | 2004 |
| Bierinckx Vincent | 2'45"42 | 2005 |
| Prims Jo | 2'47"11 | 1999 |

1500

| | | |
|----------------------|---------|------|
| Van Rooy Tom | 4'10"29 | 1997 |
| Jansen Joeri | 4'11"1 | 1994 |
| Auwers Mario | 4'11"70 | 1988 |
| Keepers Gunther | 4'13"05 | 1996 |
| Wouters Ken | 4'15"69 | 2001 |
| Van den Bossche Bria | 4'16"93 | 2004 |
| Prims Jo | 4'17"41 | 1999 |
| Wouters Marc | 4'17"5 | 1977 |
| Torfs Pieter | 4'17"9 | 1989 |
| Laenen Sam | 4'20"15 | 1988 |

2000

| | | |
|----------------------|---------|------|
| Vanoppen Thomas | 6'12"91 | 2014 |
| Bierinckx Vincent | 6'13"03 | 2005 |
| Van den Bossche Bria | 6'22"79 | 2003 |
| Bierinckx Laurent | 6'25"63 | 2010 |
| Van Leuffelen Jelle | 6'25"97 | 2014 |
| Jacobs Brecht | 6'32"46 | 2003 |
| Engelen Arthur | 6'39"88 | 2019 |
| Maeyninckx Jonas | 6'44"18 | 2009 |
| Verhoeven Kristof | 6'54"19 | 2009 |
| Callebaut Lanse | 6'56"59 | 2009 |

1 Mijl

| | | |
|----------------------|---------|------|
| Van den Bossche Bria | 4'34"96 | 2004 |
| Bierinckx Laurent | 4'58"72 | 2010 |
| Janssen Dries | 5'08"35 | 2011 |
| Steenackers Wim | 5'09"14 | 2004 |
| Bierinckx Vincent | 5'18"73 | 2004 |
| Smeyers Arne | 5'18"97 | 2021 |
| Vermonden Wouter | 5'41"52 | 2003 |

200 H (0,762m/10h)

| | | |
|-----------------|-------|------|
| Van Dyck Jorn | 27"58 | 2013 |
| Mees Jef | 27"67 | 2011 |
| Torfs Kwinten | 27"92 | 2016 |
| Verreydt Yentl | 30"84 | 2010 |
| Bienens Michiel | 31"63 | 2011 |
| Cool Ranec | 34"83 | 2006 |

100 H (0,914m/10h)

| | | |
|-------------------|-------|------|
| Van Nijlen Jonas | 12"88 | 2002 |
| Torfs Robbe | 14"12 | 2018 |
| Van Dyck Jorn | 14"14 | 2013 |
| Vercaeren Lucas | 14"27 | 2019 |
| Torfs Kwinten | 14"63 | 2016 |
| Moons Erik | 14"70 | 1980 |
| Beyens Kristof | 14"87 | 1998 |
| Christianen Lucas | 15"09 | 2019 |
| Desmedt Jens | 15"16 | 2016 |
| Van Broeck Steven | 15"18 | 2001 |

1500 Steeple

| | | |
|----------------------|---------|------|
| Van den Bossche Bria | 4'37"24 | 2004 |
| Jacobs Roel | 4'38"88 | 2001 |
| Steenackers Tom | 4'39"15 | 2003 |
| Bierinckx Vincent | 4'43"99 | 2005 |
| Dillen Nils | 4'49"06 | 2006 |
| Jacobs Brecht | 4'53"40 | 2003 |
| Prims Jo | 4'55"81 | 1999 |
| Geentjens Hannes | 4'56"26 | 2011 |
| Wouters Ken | 4'59"80 | 2000 |
| Vanderbiesen Danush | 5'02"08 | 2002 |

300 H (0,762m/7h)

| | | |
|------------------|-------|------|
| Van Nijlen Jonas | 39"05 | 2002 |
| Rombaut Stijn | 39"50 | 2015 |
| Van Dyck Jorn | 39"60 | 2013 |
| De Deyne Patrick | 41"3 | 1980 |
| Mees Jef | 41"54 | 2011 |
| Jansen Joeri | 42"17 | 1994 |
| Coninx Michael | 42"60 | 1991 |
| Beyens Kristof | 42"95 | 1998 |
| D'Haene Pieter | 42"8 | 1987 |
| Robben Laurent | 43"02 | 2009 |

5km Snelwandelen(weg)

| | | |
|------------------|--------|------|
| Van Hove Tristan | 32'14" | 2018 |
|------------------|--------|------|

5000 Snelwandelen(piste)

| | | |
|------------------|----------|------|
| Van Hove Tristan | 31'39"04 | 2018 |
|------------------|----------|------|

3000 Snelwandelen(piste)

| | | |
|-----------------|----------|------|
| Van Hove Jasper | 17'49"71 | 2021 |
|-----------------|----------|------|

Ver

| | | |
|-------------------|------|------|
| Torfs Kwinten | 6,59 | 2016 |
| Beyens Kristof | 6,28 | 1998 |
| Moons Erik | 6,18 | 1979 |
| Van Broeck Steven | 6,08 | 2002 |
| Coninx Michael | 5,97 | 1991 |
| Wouters Chris | 5,91 | 1977 |
| Van Dyck Jorn | 5,91 | 2013 |
| Torfs Robbe | 5,86 | 2018 |
| Robben Laurent | 5,82 | 2009 |
| Danckers Roel | 5,78 | 2003 |

Hoog

| | | |
|------------------|------|------|
| Moons Erik | 1,83 | 1979 |
| Torfs Kwinten | 1,75 | 2016 |
| Torfs Robbe | 1,73 | 2018 |
| De Deyne Patrick | 1,72 | 1980 |
| Verreydt Yentl | 1,71 | 2010 |
| Mariën Sverre | 1,71 | 2015 |
| De Vos Jan | 1,70 | 1978 |
| Livens Ruud | 1,68 | 2019 |
| Jacquemyn Bert | 1,67 | 1992 |
| Mees Jef | 1,67 | 2011 |
| Van Hove Arne | 1,67 | 2014 |

Discus (1 kg)

| | | |
|-----------------------|-------|------|
| Beyens Stefan | 45,13 | 2002 |
| Vanderheijden Mathias | 42,17 | 2007 |
| Gielis Tim | 40,18 | 1997 |
| Van Dyck Jorn | 40,16 | 2013 |
| Van den Schoor Tim | 39,28 | 2000 |
| Van Gelder Senne | 39,05 | 2019 |
| Carnas Toon | 38,76 | 2001 |
| Janssens Ken | 38,72 | 2003 |
| Allard Elger | 38,61 | 2001 |
| Steenackers Giel | 37,20 | 2014 |

Hamer (4 kg)

| | | |
|-----------------------|-------|------|
| Vanderheijden Mathias | 47,75 | 2007 |
| Carnas Toon | 42,52 | 2001 |
| Beyens Stefan | 37,81 | 2002 |
| Van den Schoor Tim | 36,84 | 2000 |
| Hemelaers Yves | 32,92 | 1991 |
| Danckers Roel | 28,76 | 2004 |
| Janssens Ken | 28,62 | 2003 |
| Even Niels | 27,93 | 2003 |
| Verreydt Yentl | 27,62 | 2010 |
| Leysen Luc (5kg) | 27,56 | 1980 |

Polsstok

| | | |
|-----------------|------|------|
| Torfs Robbe | 4,20 | 2017 |
| Robben Laurent | 3,90 | 2009 |
| Beyens Kristof | 3,80 | 1998 |
| Torfs Kwinten | 3,60 | 2016 |
| Wuyts Stein | 3,30 | 2000 |
| Van Roey Tibo | 3,25 | 2021 |
| Moons Erik | 3,20 | 1979 |
| Bienens Michiel | 3,20 | 2011 |
| Van Dyck Jorn | 3,20 | 2013 |
| Allard Elger | 3,16 | 2001 |

Kogel (4 kg)

| | | |
|-----------------------|-------|------|
| Beyens Stefan | 14,73 | 2002 |
| Vanderheijden Mathias | 14,60 | 2007 |
| Janssens Ken | 14,59 | 2003 |
| Mees Jef | 13,87 | 2011 |
| Hannes Rik | 13,76 | 2001 |
| Moons Erik (5kg) | 13,45 | 1980 |
| Claes Jonathan | 13,33 | 2018 |
| Van Gelder Senne | 13,21 | 2019 |
| Bouwen Gert | 12,66 | 1994 |
| Van Broeck Steven | 12,62 | 2001 |

Speer (600 g)

| | | |
|-----------------------|-------|------|
| Van Gelder Senne | 55,73 | 2019 |
| Eelen Koen | 48,22 | 2013 |
| Beyens Stefan | 45,02 | 2002 |
| Vanderheijden Mathias | 44,79 | 2007 |
| Wijnants Jarne | 44,11 | 2015 |
| Hannes Rik | 43,71 | 2001 |
| Torfs Kwinten | 42,39 | 2016 |
| Van Broeck Steven | 40,87 | 2001 |
| Vermeiren Benny | 40,45 | 1999 |
| Torfs Robbe | 40,08 | 2018 |

**Clubrecord met oude speer:

| | | |
|------------|-------|------|
| Moons Erik | 54,46 | 1980 |
|------------|-------|------|

Hinkstap

| | | |
|----------------------|-------|------|
| Beyens Kristof | 13,39 | 1998 |
| Van Broeck Steven | 12,75 | 2002 |
| Justens Ruud | 12,30 | 2000 |
| D'Haene Pieter | 12,24 | 1987 |
| Rombaut Stijn | 11,99 | 2015 |
| Coninx Michael | 11,84 | 1991 |
| Van Reusel Jens | 11,79 | 2012 |
| Moons Erik | 11,72 | 1980 |
| Jacquemyn Bert | 11,51 | 1992 |
| Vanderheyden Mathias | 11,49 | 2007 |

Piste - Beste Prestaties Aller Tijden - Cadetten Heren

| 5-Kamp | Punten | Ver | Speer | 200 | Discus | 1500 |
|---------------------|---------------|------|-------|-------|--------|------|
| Van Gelder Senne | 2730 | 5,59 | 50,72 | 25"57 | 39,05 | 2019 |
| Beyens Stefan | 2290 | 5,17 | 41,07 | 25"94 | 42,13 | 2002 |
| Even Niels | 2091 | 5,48 | 25,25 | 24"91 | 19,69 | 2003 |
| Janssens Ken | 2015 | 5,04 | 34,59 | 26"72 | 36,08 | 2003 |
| Van Tichelen Bart | 1919 | 4,60 | 23,04 | 28"82 | 34,73 | 2003 |
| Caerels Rik | 1737 | 4,94 | 19,73 | 25"83 | 17,98 | 2013 |
| Van den Bossche Dav | 1653 | 4,60 | 18,38 | 26"32 | 20,07 | 2001 |
| Goetschalckx Rigo | 1531 | 4,51 | 22,04 | 28"56 | 20,69 | 2013 |
| Bienens Michiel | 1404 | 3,99 | 19,73 | 29"17 | 23,18 | 2010 |

| 8-Kamp | Punten | 100 | Ver | Kogel | Hoog | 100H | Pols | Speer | 1000 |
|------------------|---------------|-------|------|-------|------|-------|------|-------|------|
| Torfs Kwinten | 4854 | 11"57 | 6,59 | 12,32 | 1,72 | 14"63 | 3,50 | 36,89 | 2016 |
| Torfs Robbe | 4767 | 11"79 | 5,67 | 12,24 | 1,71 | 14"12 | 3,80 | 40,08 | 2018 |
| Van Dyck Jorn | 4596 | 11"80 | 5,88 | 11,99 | 1,60 | 14"31 | 3,20 | 34,65 | 2013 |
| Robben Laurent | 4402 | 12"21 | 5,65 | 10,83 | 1,55 | 15"22 | 3,90 | 34,31 | 2009 |
| Van Gelder Senne | 4207 | 12"30 | 5,60 | 12,39 | 1,60 | 15"76 | 2,40 | 46,34 | 2019 |
| Van Hove Arne | 4051 | 12"29 | 5,35 | 12,04 | 1,62 | 15"19 | 2,36 | 34,90 | 2014 |
| Verreydt Yentl | 4031 | 12"52 | 5,50 | 10,85 | 1,71 | 15"85 | 2,40 | 38,95 | 2010 |
| Livens Ruud | 3862 | 13"05 | 5,73 | 11,74 | 1,66 | 16"35 | 2,40 | 36,68 | 2019 |
| Vandeweyer Dries | 3838 | 12"84 | 5,52 | 9,12 | 1,55 | 16"46 | 3,00 | 32,90 | 2018 |
| Bras Sture | 3745 | 12"60 | 5,19 | 10,74 | 1,45 | 15"69 | 2,80 | 35,67 | 2021 |

| 4x100 | | |
|--|-------|------|
| Wijnants Jarne - Rombaut Stijn - Desmedt Jens - Torfs Kwinten | 45"78 | 2015 |
| Peeters Ruben - Op de Beeck Thomas - Janssen Dries - Mees Jef | 46"65 | 2011 |
| Christianen Lucas - Claes Frederik - Moonen Senne - Van Gelder S | 46"85 | 2019 |

| 4x800 | | |
|---|---------|------|
| Tops Sven - Laenen Sam - Belmans Tom - Auwers Mario | 8'34"50 | 1988 |
| Van de Gender Jelle - Wuyts Joppe - Van Rooy Tom - Keepers Gur | 8'36"35 | 1996 |
| Torfs Pieter - Jacquemyn Hans - Jansen Maarten - Van Dingenen C | 8'46"16 | 1989 |